



2012 Joeyball Program

East Fremantle Tricolore Soccer Club

This season, girls and boys who turn 5 to 7 in 2012 will again be able to register in our Joeyball program. Players who are turning 8 in 2012 or 7 years olds who are advanced will be registered in the U8 Kanga intra-club competition. The Joeyball program provides players with a high standard of coaching, and parents with a high standard of coach training. The program has been a great success over the past few years and will again focus on maximizing players' time with the ball, while nourishing individual and team development.

Joeyball 2012 runs 16 Saturdays from 21st of April to 1st of September

Exception: Joeyball is not played on the **2nd of June** – Foundation Day long weekend, and **7th, 14th and 21st of July** - school holidays.

Time: 11.15 am to 12.30 pm

Where: Upper Wauhop Park (Cnr Wauhop Rd and Preston Pt Rd, East Fremantle)

Cost: \$160 (includes Football West and FFA fees)

Gear: Shirts are supplied. Soccer boots (or grass shoes) are recommended especially when grounds are wet, but not compulsory.

Joeyball runs rain or shine. Each of the 75-minute session is structured in three parts:

1. *Games*

Each session begins with a theme in which various activities are introduced in a game-type environment. The young player will be able to succeed in completing a variety of assigned tasks. While having fun, the player quickly improves his/her ability to run, turn, fall, get up, look around, listen and support teammates.

2. *Football (soccer) Skills*

A portion of each session is spent on learning age-appropriate skills that apply to real football (soccer) game situations. Skills such as ball control, passing, moving with the ball and shooting are explained, practiced, and reinforced in a fun way.

3. *Small-sided football (soccer) Games*

Sessions will end with 4 v 4 player games, without goal keepers that use simple and easily understood rules. "Small-sided football (soccer) Games" have been developed to give parent coaches and the novice player a simple formula that maximizes fun, skill development and an understanding of the game.

Volunteers: All parents are expected to stay and help

Out of each group of 4 players we need 1 parent who is the coach, 1 who helps, 1 parent to help set up, and 1 parent to help packing away.

It is essential that in each of the Joeyball sessions, parents provide encouragement and get involved in the learning process of their children. During the "Small-sided football (soccer) Games" phase of each session, side-line-instructions-shouting is de-emphasized. Instead, young players are encouraged to make their own decisions and learn the consequences of their choices. Through experience learning the player understands more quickly that team play results in lots of ball contact and many shots on goal. This coaching approach fosters the players' cognitive development and ensures that everyone enjoys the game.

For information about registration contact our Registrar

Margy Nicholas on **0415 057 870** or by Email: registrar@eastfreesoccer.org.au

For more information on our program contact our Joeyball coordinator

Robert de Kleine on **0417 649 654** or by Email: president@eastfreesoccer.org.au

For more general club information please refer to our website

www.eastfreesoccer.org.au